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Videos

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- FAN Store
- Red Hawks
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- Sponsorship
- <u>Partners</u>
- **Uniform Provider**
- Contact Us

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News and Announcements



#### First Game Set for May 29

Posted by Nor Cal Red Hawks at 08:15PM PDT

The Nor Cal Red Hawks will travel to Ventura, CA to take on the Ventura Black Widows for the first game of their exhibition season.

The Ventura Black Widows are a second year team and play eight-man style football.

The Red Hawks, being a sixxes team (six-man football) will be playing eights for their 2010 exhibition season, giving the women the opportunity to play scrimmage games before their actual 2011 Sixxes Season.

The Nor Cal Red Hawks will play against the Ventura Black Widows on May 29, June 26 and August 7. All games will take place arena style in the Ventura area.

The Nor Cal Red Hawks are a women's six-man tackle football team, Tier III to the IWFL (Independent Women's Football League).

For more information about the Nor Cal Red Hawks, email <a href="mailto:redhawkssixxes@gmail.com">redhawkssixxes@gmail.com</a>.



## We are still Recruiting Players!!

Posted by Nor Cal Red Hawks at 07:35AM PST

Interested in Playing Women's Six-man Tackle Football?

Must be at least 18 years old and have Proof of Health Insurance.

Must Purchase OWN Equipment to play, but League Discounts are available.

This is an exhibition season and ALL games for the 2010 season will be played AWAY.

Only Cost to you is a Strong Desire to Learn and your own equipment.

Email <a href="mailto:redhawkssixxes@gmail.com">redhawkssixxes@gmail.com</a> for more information.



#### Exhibition Schedule Announced

Posted by Nor Cal Red Hawks at 08:58AM PST

The Exhibition Game Schedule is out. The Nor Cal Red Hawks will play 4 games on three dates. All games for this first exhibition season will be away, but audio broadcast will be available at the Independent Sports Network (more details coming soon).

Games are as follows:

May 29 (Round Robin Event: Ventura Blackwidows, Boise Broncos and Nor Cal Red Hawks) Ventura, CA

June 26 Ventura Blackwidows, Ventura, CA

August 7 Ventura Blackwidows, Ventura, CA

Games against Ventura will most likely be 8-man tackle. Games against Boise, six-man tackle.

This is an exhibition season and we want to give our players the opportunity to play so we will adjust accordingly.

Next year will be a full regular season for Sixxes (six-man tackle football).

Rain or Shine the Nor Cal Red Hawks will practice. Only 11 practices until our first game!!

For more information about the Nor Cal Red Hawks, email <a href="mailto:redhawkssixxes@gmail.com">redhawkssixxes@gmail.com</a>.



### Practice Starts Saturday, Feb 20th

Posted by Nor Cal Red Hawks at 01:42PM PST

Nor Cal Red Hawks Practice Officially starts Saturday, February 20th 11:30am at Cordova High School.

Those interested in attending, please email <a href="mailto:redhawkssixxes@gmail.com">redhawkssixxes@gmail.com</a>. You must be on the roster list to participate.

After 20th by Invitation Only.



# Women's Six-man Tackle Football

Posted by Nor Cal Red Hawks at 07:15PM PST

YES, it is REAL Football!!

Practice starts Saturday, February 20 at Cordova High School, Rancho Cordova, CA.

Must be at least 18 years old and have Proof of Insurance.

Interested?

Email <a href="mailto:redhawkssixxes@gmail.com">redhawkssixxes@gmail.com</a>

\*\*ASL Friendly

<u>« Previous 1 2 3 4 5 6 Next »</u>